

PINEAPPLE RINGS

serving size = 1/3 cup fruit

INGREDIENTS	NUMBER OF 2 RING SERVINGS		
	9	18	27
Pineapple, canned, drained	3 cups	1½ qt	2¼ qt
RESOURCE[®] THICKENUP[®] Instant Food Thickener	½ cup	1 cup	1½ cups

HOW TO PREPARE:

1. Puree pineapple until smooth.
2. Add **THICKENUP[®]** Instant Food Thickener and process briefly until mixed. (*Scrape sides of blender or food processor bowl as needed to assure that all thickener is incorporated.*)
3. For each ring, portion #40 scoop into mold; spread evenly.
4. Place on tray; cover and freeze until solid.
5. After pineapple rings are frozen, press the fruit out of the mold onto a serving plate. Portion two rings per serving.
6. Refrigerate at 41°F or below until thawed, about 1 hour.
7. Hold for service at internal temperature of 41°F or below.

NOTE: Measurements of liquid and **THICKENUP[®]** Instant Food Thickener may be adjusted to achieve desired consistency.