

PUREED COLD CEREAL		PORTION SIZE: 1 - #8 scoop (½ cup)			
INGREDIENTS	NUMBER OF SERVINGS				
	1	5	10	20	
*Cold Cereal	½ cup	2 ½ cups	1 ¼ qt	2 ½ qt	
Milk	⅓ cup	1 ½ cups + 1 Tbsp	3 cups + 2 ½ Tbsp	1 qt + 2 ⅓ cup	
RESOURCE® ThickenUp®	1 Tbsp	⅓ cup	⅔ cup	1 ¼ cup	

*Suggested cereals: corn, wheat or bran flakes, shredded wheat, toasted o's, oatmeal squares and puffed rice

HOW TO PREPARE:

1. Soak cereal in milk until soft; about 20 -30 minutes, depending on cereal type.
2. Place soaked cereal and milk in bowl of blender or food processor and puree until smooth in texture.
3. Add **RESOURCE® ThickenUp®** and process briefly until mixed, scraping sides of bowl as needed.
4. Cover and chill until ready to serve.
5. Portion one #8 scoop (½ cup) per serving. Serve with thickened milk, if desired.

NOTE: Measurements of liquid and **RESOURCE® ThickenUp®** may be adjusted to achieve desired consistency.