

PUREED MUFFINS		PORTION SIZE: 1 - #10 scoop			
INGREDIENTS	NUMBER OF SERVINGS				
	1	5	10	20	
Muffins* (about 2 oz each)	1 each	5 each	10 each	20 each	
Milk	¾ cup	1 ½ cups	3 cups	1 ½ qt	
RESOURCE® ThickenUp®	2 ½ Tbsp	¼ cup	½ cup	1 cup	

*Muffins should not contain nuts, seeds, raisins, dates, coconut, baking chips, or other particulates that will not puree to a smooth consistency.

HOW TO PREPARE:

1. Puree muffin with milk in blender or food processor until smooth in texture.
2. Add **RESOURCE® ThickenUp®** and process briefly until mixed, scraping sides of bowl as needed.
3. Portion one #10 scoop per serving.

NOTE: Measurements of liquid and **RESOURCE® ThickenUp®** may be adjusted to achieve desired consistency.