Hormel Vital Cuisine® 500 Shake Vanilla

Nutrition Facts Serving Size 250 mL Servings Per Container 1			
Amount Per Serving			
Calories 520		Calories from Fat 200	
			% Daily Value*
Total Fat 22g			34%
Saturated Fat 3g			15%
Trans Fat 0g			
Cholesterol 30mg			10%
Sodium 380mg			16%
Total Carbohydrate 59g			20%
Dietary Fiber 0g			
Sugars 21g			
			44%
Protein 22g			44 70
Vitamin A 2%	•		Vitamin C 0%
Calcium 50%	•		Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs. Calories 2,000 2,500			
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g