Phagia Pureed Blueberry (powder) Nutrition Facts

Serving Size 1Tbsp and 2½tsp (16g) Serving Per Container about 8

 Cholesterol 0mg
 0%

 Sodium 30mg
 1%

 Total Carbohydrate 15g
 5%

 Dietary Fiber 6g
 23%

 Sugars 6g

 Protein 0g

Protein 0g

Vitamin A 0% Vitamin C 30%
Calcium 0% Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Value may be higher or lower depending on your calorie needs.