

Thick-It Fruit & Berry Puree

# Nutrition Facts

Serving Size 1/3 cup (81g)

Serving Per Container 5

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Amount Per Serving

**Calories** 50      Calories from Fat 0

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% Daily Value \*

**Total Fat** 0g      **0%**

    Saturated Fat 0g      **0%**

    Trans Fat 0g

**Cholesterol** 0mg      **0%**

**Sodium** 90mg      **4%**

**Total Carbohydrate** 13g      **4%**

    Dietary Fiber 1g      **4%**

    Sugars 12g

**Protein** 0g

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Vitamin A 0%      Vitamin C 20%

Calcium 2%      Iron 10%

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\*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Value may be higher or lower depending on your calorie needs.