

Thick-It Sweet Corn Puree

Nutrition Facts

Serving Size 1/4 cup (62g)

Serving Per Container 7

Amount Per Serving

Calories 45 Calories from Fat 10

% Daily Value *

Total Fat 1g **2%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 110mg **5%**

Total Carbohydrate 7g **2%**

Dietary Fiber 1g **4%**

Sugars 3g

Protein 1g

Vitamin A 4% Vitamin C 4%

Calcium 2% Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Value may be higher or lower depending on your calorie needs.