

GRAPEFRUIT SLICES

serving size = ¼ cup fruit

| INGREDIENTS | NUMBER OF SERVINGS | | |
|---|--------------------|-------------------|---------------------|
| | 11 | 22 | 33 |
| Grapefruit, canned, drained | 2½ cups | 1¼ qt | 1¾ qt + ½ cup |
| RESOURCE® THICKENUP® Instant Food Thickener | ½ cup + 1 Tbsp | 1 cup + 2 Tbsp | 1½ cups + 3 Tbsp |

HOW TO PREPARE:

1. Puree grapefruit until smooth.
2. Add **THICKENUP®** Instant Food Thickener. Process briefly until mixed. (*Scrape sides of blender or food processor bowl as needed to assure that all thickener is incorporated.*)
3. For each 3-slice serving, portion #20 scoop into mold; spread evenly.
4. Place on tray; cover and freeze until solid.
5. After grapefruit is frozen, press the fruit out of the mold onto a serving plate.
6. Refrigerate at 41°F or below until thawed, about 1 hour.
7. Hold for service at internal temperature of 41°F or below.

NOTE: Measurements of liquid and **THICKENUP®** Instant Food Thickener may be adjusted to achieve desired consistency.